

What can a few dollars do?

Your gift, no matter what size, makes a difference for Vermonters in Central and Northeastern Vermont. For the cost of everyday items and activities, your dollars can go to work in our communities to ensure there are much needed resources to make a positive impact.



**Green Mountain
United Way**



\$1/pay period

- Provides a child transitioning into emergency foster care with a backpack filled with caring items of their own
- Provides a family struggling with food insecurity access to a food shelf and healthy food to supplement their groceries



\$2/pay period

- Provides 22 children with Literacy Kits to help address summer learning slide
- Provides Vermonters in recovery from substance misuse disorder with a fitness class to improve their physical health and build healthy relationships



\$5/pay period

- Provides support to community meal sites and locally led food shelves at affordable housing sites
- Provides volunteers to help clean, organize, and paint an area homeless shelter



\$10/pay period

- Helps a homeless Vermonter access affordable housing service through United Way's Working Bridges program
- Helps a family who cannot afford to heat their home access to emergency fuel assistance or other funds to purchase fuel



\$20/pay period

- Trains a Financial Coach to support clients to set and achieve life goals using financial literacy and behavior change coaching
- Gives on-site training to low-income employed Vermonters to improve their skills and get ahead in the workforce